

Directions to the Capitol

From the East:

- Take the **I-235 West** exit off I-80.
- Follow I-235 West to the **US Highway 69 South/East 14th Street/East 15th Street Exit (State Capitol)**.
- Exit to the right.
- Proceed down the exit ramp, beyond E 15th Street, to **US Highway 69 South/East 14th Street**.
- Turn left onto **US Highway 69 South/East 14th Street**. (East 14th Street is one-way south.)
- Proceed three blocks to **Grand Avenue**.
- Turn right on **Grand Avenue**. The **Capitol** is located at the corner of East 12th and Grand Avenue.

From the West:

- Follow **I-235 East** off **I-80**. (I-80 turns into **I-235 East** (West Des Moines/Des Moines)).
- Proceed east on I-235 to the **US Highway 69 South/East 14th Street (State Capitol) Exit** (approximately 9.4 miles).
- Exit to the right.
- Turn right onto **US Highway 69 South/East 14th Street**.
- Proceed two blocks to **Grand Avenue**.
- Turn right on **Grand Avenue**. The **Capitol** is located at the corner of East 12th and Grand Avenue.

From the North:

- Take **I-35 South** to the **junction with I-235 West**. (I-35 South turns into I-235 West).
- Follow I-235 West to the **US Highway 69 South/East 14th Street/East 15th Street Exit (State Capitol)**.
- Exit to the right.
- Proceed down the exit ramp, beyond E 15th Street, to **US Highway 69 South/East 14th Street**.
- Turn left onto **US Highway 69 South/East 14th Street**. (East 14th Street is one-way south.)
- Proceed three blocks to **Grand Avenue**.
- Turn right on **Grand Avenue**. The **Capitol** is located at the corner of East 12th and Grand Avenue.

From the South (There are two ways to get to the Capitol)

Via Highway 5:

- Take **I-35 North**.
- **To avoid construction delays on I-235**, take the **Highway 5** bypass to the **US Highway 69 North/East 14th Street Exit**.
- Follow **US Highway 69 North/East 14th Street** north approximately 4.7 miles.
- East 14th Street splits and **turns into East 15th Street** (one way north).
- Follow East 15th Street to **Grand Avenue**.
- Turn left onto **Grand Avenue**.
- The **Capitol** is located at the corner of East 12th and Grand Avenue.

Via I-235:

- Take **I-35 North**.
- Proceed to the **I-235 junction**.
- Exit to the right onto **I-235 East** (toward West Des Moines/Des Moines).
- Proceed east on I-235 to the **US Highway 69 South/East 14th Street (State Capitol) Exit** (approximately 9.4 miles).
- Exit to the right.
- Turn right onto **US Highway 69 South/East 14th Street**.
- Proceed two blocks to **Grand Avenue**.
- The **Capitol** is located at the corner of East 12th and Grand Avenue.

Map with Visitor Parking

